



CODE OF CONDUCT AND DRESS

While participating on any short-term mission, we must respect the customs and culture of the country we are visiting. Our discussions with various missionaries have consistently revealed several areas where we need to be mindful and cautious about our actions. After all, we are going to assist, not hinder, the missionary in their work. It is important that we represent Christ in the manner He deserves. Please refrain from any of the following activities at all times during the mission, including travel and R&R days:

- Use of any body pierce jewelry, except for women's earrings.
- Visible tattoos.
- Smoking (or use of any tobacco) or use of alcoholic beverages or illegal drugs.
- Use of crude or foul language.
- Activity that could be construed as romantic interest toward a national.
- Negative comments regarding the country or the nationals.
- Use of any unnatural hair color.

DRESS CODE (modesty is key):

- Work/Project days - Jeans/slacks worn at the waist (not below the waist) are appropriate. Shirts must come below the top of the pants line with no midriff showing when standing, sitting or bending. (Capris may be acceptable for women depending on the project and your mission destination. Your team leader or SOAR Liaison will let you know.)
- Sundays (or other church attendance) - Women must wear dresses or skirts that come below the knee when sitting down. Men should wear slacks and a shirt with a collar (golf/polo shirts are acceptable).
- Sports - If there is occasion to participate in sports activities, shorts/capris may be worn as long as they are at least two inches below the knees and worn at the waist.
- Tank tops/sleeveless shirts or torn shirts/pants are **NOT** permissible.

REMEMBER:

- You are a *guest* of the culture. Think of being a guest in someone's home. How would you behave, react, interact, etc? Or, what expectations would you have of a guest in your home?
- You are a *student* of the culture. Think of yourself as a person who is there to study and learn.
- You are a *servant* in the culture. Think of being a person who serves the people you encounter. How does a servant approach those whom he serves?